



PHD HOOPS USA

THE BARBADOS

FAST BREAK TOUR



MORE INFO AT

PHDHOOPS.COM

DAY 1 DEPART FOR BARBADOS

- ARRIVE AT LEAST 5 HOURS EARLY TO MEET WITH YOUR TOUR TEAMMATES AND COACHES
- DEPART AS A GROUP FROM MIAMI TO BRIDGETOWN (EAT A GOOD MEAL ON THE FLIGHT)
- ARRIVE IN BRIDGETOWN, MEET OUR LOCAL TOUR GUIDE, AND TRANSFER TO OUR HOTEL
- CHECK IN AT HOTEL AND REST UP FOR A GREAT TRIP!



DAY 2 TEAM PRACTICE & FIRST GAME

- EAT A FULL BREAKFAST AT THE HOTEL PRIOR TO LEAVING FOR OUR OUTDOOR PRACTICE SESSION
- LUNCH FOLLOWED BY OUR 1ST GAME VS. THE STATION HILL CAVALIERS
- ENJOY DINNER AND SOME FREE TIME BEFORE BED CHECKS AND LIGHTS OUT



DAY 3 SUNSHINE & SECOND GAME

- BREAKFAST AT HOTEL BEFORE A RELAXING TEAM BONDING AT OUR HOTEL POOL AND BEACH
- GRAB LUNCH AND COMPETE IN OUR 2ND GAME VS. THE COMBINED SCHOOLS TRIDENTS
- ENJOY DINNER AND SOME FREE TIME BEFORE BED CHECKS AND LIGHTS OUT



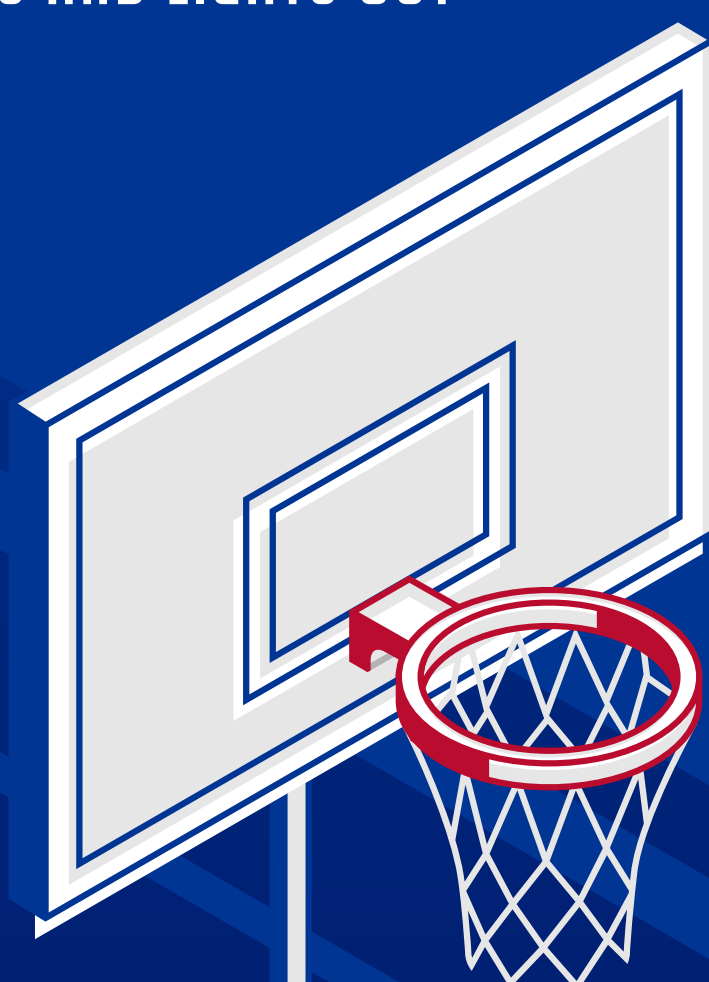
DAY 4 JEEP SAFARI & LOCAL SHOPPING

- BREAKFAST AT HOTEL BEFORE EXPLORING THE ISLAND ON A 4X4 JEEP ADVENTURE SAFARI, A FUN 5-6 HOUR EXPEDITION TO THE MOST SCENIC PLACES IN BARBADOS
- EAT A BAJAN BUFFET LUNCH WITH DESSERT FOLLOWED BY VISITING AREA LOCAL SHOPS
- TRANSFER TO HOTEL, EAT DINNER, ENJOY FREE TIME, BED CHECKS, AND LIGHTS OUT



DAY 5 THIRD GAME, CLINIC & OISTINS FISH FRY

- BREAKFAST AT HOTEL AND THEN BE A PART OF GROWING THE GAME OF BASKETBALL ON THE ISLAND BY HOSTING A SMALL BASKETBALL CLINIC FOR KIDS AT A LOCAL SCHOOL
- LUNCH BEFORE COMPETING IN OUR 3RD GAME VS. PINELANDS
- FREE TIME BEFORE JOINING THE ISLAND PARTY FOR DINNER AT THE OISTINS FISH FRY
- BED CHECKS AND LIGHTS OUT



DAY 6

CATAMARAN CRUISE & FOURTH GAME

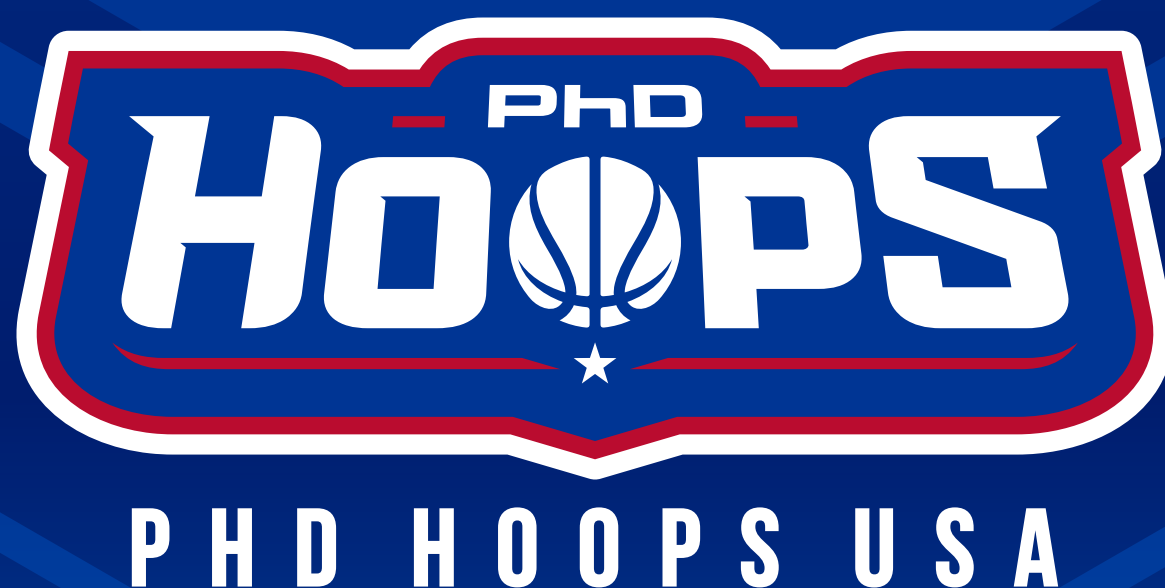
- BREAKFAST AT HOTEL PRIOR TO THE CATAMARAN CRUISE, A FULL-DAY ADVENTURE COMPLETE WITH LUNCH, MUSIC, SUNSHINE, SNORKELING, AND SWIMMING WITH SEA TURTLES
- COMPETE IN OUR 4TH AND FINAL GAME VS. THE CITY UNITED CELTICS
- RELISH OUR FINAL DINNER TOGETHER BEFORE BED CHECKS AND LIGHTS OUT



DAY 7

DEPART FOR HOME

- EARLY BREAKFAST, TRANSFER TO AIRPORT, AND DEPART BRIDGETOWN TO RETURN TO MIAMI
- ARRIVE IN MIAMI AND SAY YOUR FINAL GOODBYES TO YOUR NEW BEST FRIENDS!
- TAG OUR SOCIAL MEDIA IN ALL PHOTOS & VIDEOS (@PHDHOOPS), GIVE US A REVIEW, AND SHARE YOUR NEWLY GAINED KNOWLEDGE WITH THE REST OF THE WORLD!
- ARRIVE IN MIAMI AND SAY YOUR FINAL GOODBYES TO YOUR NEW BEST FRIENDS!





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This is a sample itinerary that is subject to changes and will be updated prior to the tour.