

WE CAN'T WAIT TO SEE YOU AT THE UWG

PhD Hoops USA



UNITED WORLD GAMES

JUNE 19th-27th

KLAGENFURT, AUSTRIA

LET'S GET READY TO COMPETE!

MUNICH-VENICE-KLAGENFURT-SALZBURG-MUNICH

Your Tour Managers:



Hello everyone!

My name is Julia, I'm 24 years old and I'm from Vienna, Austria. I'm a resourceful and motivated tour guide with some experience in accompanying tourists and organizing group tours in different areas. Able to communicate effectively and possesses high degree of energy and enthusiasm. I love gaining new experiences! I like to travel in my free time, I like to play the flute and piano and I like to be in nature so that I can pursue my hobby of photography. I look forward to you all!

My best,
Julia ●



My name is Thomas, I'm an Austrian native born in the city of Salzburg. I grew up in a tiny village in Upper Austria, a stone-throw from Bavaria.

Having spent my senior year in high-school in the US (Columbia, MD) and completed my studies in international business administration and law in Austria and France, I started my career in the Austrian Trade Commission. After 15 years abroad, living and working in such diverse places as Abu Dhabi/UAE, Zagreb/Croatia, Montreal/Canada and Brussels/Belgium, my family and I decided that it was time to grow roots „back home“ in Linz.

I consider myself a globetrotting path-finder having travelled to more than 110 countries worldwide. The sports column of my CV is filled with an appearance in the Maryland state final in the 400m dash, a finished Paris marathon and my current position as a kids' soccer coach in my home town.

IMPORTANT INFORMATION



US CONSULATE/EMBASSY

Vienna
Park ring 12a
1010 Vienna
+43-1-31-339-7535

Italy
via Vittorio Veneto 121
00187 ROMA
+39-06-46741

Munich
Königstraße 5
80539 München
Federal Republic of Germany
Tel.: +49 89 2888 0



2023 Exchange Rate
\$1 Dollar = 0.93 Euro

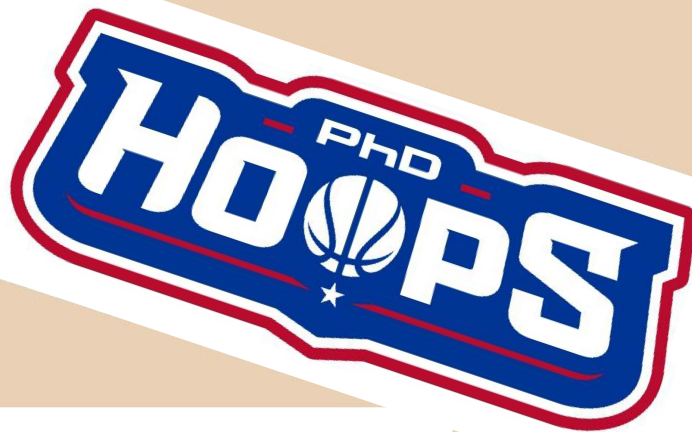


European Emergency Number: 112

Flight and Hotel Information

FLIGHTS:

June 18th/19th



LEONARDO SALZBURG AIRPORT

Franz-Brötzner-Strasse 15,
5071 Himmelreich, Austria
Tel: +43 66 2855525

BEST WESTERN HOTEL AM WALSERBERG

Zollstraße 4, 5071 Wals
Tel: +43 (0) 662 850044

CROWNE PLAZA VENICE EAST - QUARTO D'ALTINO

Viale Della Resistenza
18/20, Quarto d'Altino
30020, Italy
Tel.: +39 0422 703811

PLATTENWIRT

Friedelstrand 2, 9020
Klagenfurt am Wörthersee
Tel: +43 463 2173

SANDWIRTH

Pernhartgasse 9, 9020
Klagenfurt am
Wörthersee
Tel: +43 (0)463 56209

ATOMIS HOTEL DACHAU MUNICH

Newtonstrasse 8, 85221
Dachau, Germany
Tel: +49 8131 3258702

Backoffice Support: Szilvia Dani



Hi, my name is Sylvia! I am from Hungary but I have been living in Austria for 6 years. I love doing sports, traveling and reading.

PS. I was also a basketball player when I was younger. :)

OVERVIEW



day 1: Travel to Europe, Tour Dachau

day 2: Arrive in Klagenfurt, Training Session, Visit Venice

day 3: Murano Glass Factory, Gondola Ride, Klagenfurt

day 4: Klagenfurt, UWG Oktoberfest

day 5: UWG DAY 1: Competition, Opening Ceremony

day 6: UWG DAY 2: Competition, Players Party

day 7: UWG DAY 3: Final Day of Competition, Farewell BBQ

day 8: Tour Salzburg's Salt Mines, Tour Munich

day 9: Depart for the U.S.

Itinerary

DAY 1-June 19th

Travel Day, Munich, Salzburg



Travel Highlights

**10:45 am/11:35 am arrival in Munich

Ten ways to help reduce jetlag

JETLAG AFFECTS ALL TRAVELLERS. UNFORTUNATELY THERE IS NO CURE OR MAGICAL WAY TO AVOID JETLAG BUT ARE A FEW TIPS AND TRICKS TO GET YOU BACK TO YOUR TRAVELS QUICKER.

1 Arrive early

Try and arrive a few days earlier to your scheduled work or activities to try and sleep off jetlag.

2 Wear sunglasses

Your body responds to light. Control light exposure by wearing sunglasses.

3 Rest

Staying up all night before departure and sleeping on the plane never works. Ensure plenty of rest prior to your journey.

4 Plan a stopover

Travelling long distances is tiring. Plan a stop over where able to break the journey and minimise jetlag.

5 Keep calm

Stress can make jetlag worse. Stay organised with everything from tickets, to checking in and arrive early at the airport.

6 Drink

Water, not rum that is. Staying hydrated helps reduce jetlag, fatigue and headaches. An average three hour flight can shed up to 1.5 litres of water. Avoid caffeine and alcohol.

7 Get comfy

Use earplugs or noise-cancelling headphones and wear an eye mask to help rest on the flight and create the right conditions for sleep.

8 Eat right

Avoid deep fried and junk food and heavy meals. Eat healthy the first few days and try to eat closer to your destination meal time a few days before departure.

9 Sunlight

On arrival to your destination try and stay in natural sunlight as much as possible. This will help the natural body clock be aware it's still daylight.

10 Exercise

When you arrive use the hotel gym or go for a run in the evening to help tire yourself out and burn excess energy prior to sleeping.



Itinerary

DAY 1 Continued-June 19th
Travel Day, Munich, Salzburg



10:45 am/11:35 am: Arrival in Munich

Lunch: at the airport

Afternoon: Dachau Concentration Camp Tour

Late Afternoon: Transfer to Salzburg

Evening: Dinner in Salzburg



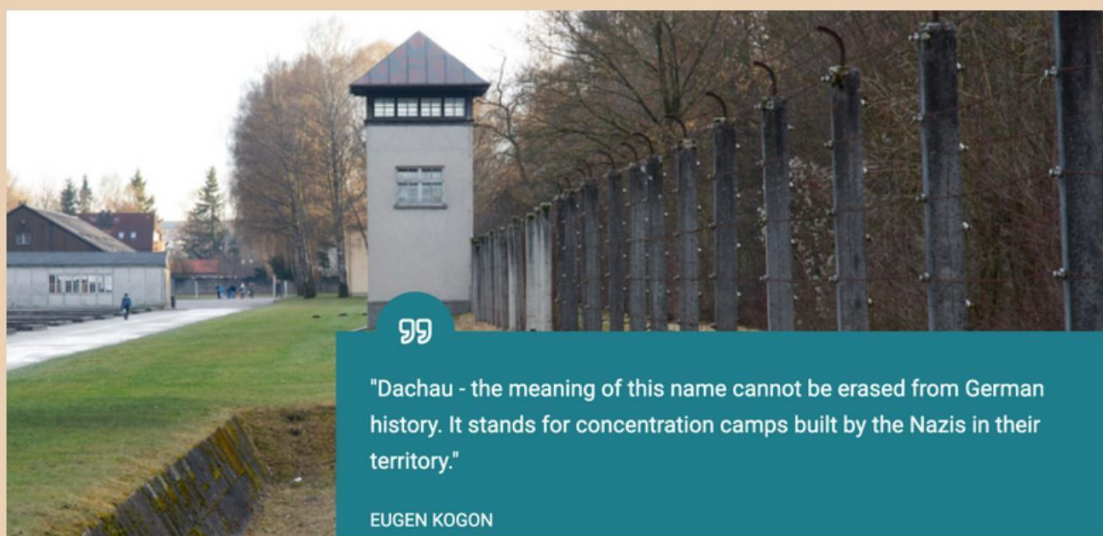
Dachau was the first concentration camp built by Nazi Germany, opening on 22 March 1933. The camp was initially intended to intern Hitler's political opponents which consisted of: communists, social democrats, and other dissidents

HOTEL

BEST WESTERN HOTEL
AM WALSERBERG
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HOTEL

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AIRPORT
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Himmelreich, Austria
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"Dachau - the meaning of this name cannot be erased from German history. It stands for concentration camps built by the Nazis in their territory."

EUGEN KOGON

COUNTRY INFO GERMANY



Germany is a country in Central Europe. It is bordered to the north by the North Sea, Denmark, and the Baltic Sea; to the east by Poland and the Czech Republic; to the south by Austria and Switzerland; and to the west by France, Luxembourg, Belgium, and the Netherlands. The territory of Germany covers 357,021 square kilometers and is influenced by a temperate seasonal climate. With 82 million inhabitants, it accounts for the largest population among the member states of the European Union.

- ...is the capital city of Bavaria
- ...is the third largest city in Germany, after Berlin and Hamburg
- ...hosted the 1972 Summer Olympics
- ...is home to Germany's most successful soccer club *Bayern Munich*
- ...hosts the world famous *Oktoberfest*



Itinerary

DAY 2-June 20th

Klagenfurt, Venice

Morning: Breakfast

8:00am: Transfer to Klagenfurt

13:00pm: Training Session

15:30pm: Continue to Venice

Dinner in Venice

- No – No.
- Grazie – thank you.
- Prego – you are welcome / please.
- Per favore – please.
- Mi scusi – Excuse me.
- Scusi – Sorry.
- Non capisco – I don't understand.
- Non parlo italiano – I don't speak Italian.



HOTEL

Crowne Plaza Venice East
Viale della Resistenza, 18/20
I-30020 Quarto D'altino
+390422703811

HOTSPOTS @UNITED WORLD GAMES

Players Town (Wörthersee Stadium)

Here you will find the *Organizing Committee*, the *Office of the Tournament Board* and the *General Information desk*. This is also the place to be when it comes to food - the *International Food Court* is located inside Players Town.

International Food Court

Whether you prefer typical Austrian Cuisine, exotic Asian cooking, or favor famous Italian dishes – the Food Court will not disappoint!



Fun Area

Located at Players Town inside the Euro Stadium, you can find numerous fun activities for your free time during the tournament days : climbing, trampoline, street soccer and much more.



UWG Fanzone

Featuring a mobile basketball court at the *Neuer Platz* (located in the center of Klagenfurt,) you can watch international matches from our 3x3 basketball tournament.



HOTSPOTS @UNITED WORLD GAMES

Karaoke

Sing your heart out at the Medal Plaza @Players Town in the evening, along with many other activities!

Oktoberfest (June 22nd)

Learn how to "Schuachplattl" - a typical Austrian folk dance - accompanied by live music, along with other international players @VIP Area Players Town.

Grand Opening Ceremony (June 23rd)

Bond with your teammates during the memorable opening ceremony, which marks the beginning of the UWG and is for sure THE HIGHLIGHT of the week - Enjoy this year's special surprises, live acts, and lots of FUN.

Players Party (June 24th)

Every competition needs a PARTY. Dance the night away with your new friends @Players Town during the Players Party

Farewell BBQ (June 25th)

Close out the memorable week of friendly competition, new friends and experiences during the farewell BBQ. Enjoy fun activities such as waterslides, stand up paddle boarding, beach volleyball, zip lining, and swimming in the lake, while spending the last day with your new friends!



Itinerary

DAY 3-June 21st

Venice, Klagenfurt

Murano Glass is an art form that exists on Murano island in Venice, Italy for over a thousand years. Murano Glass is handmade by highly skilled glass masters. and each glassware creation is unique and valuable



Morning: Breakfast, Murano Glass Factory

Mid Morning: Gondola Ride

Afternoon: Lunch and free time

14:30pm: Transfer to Klagenfurt

18:00pm: Training Session

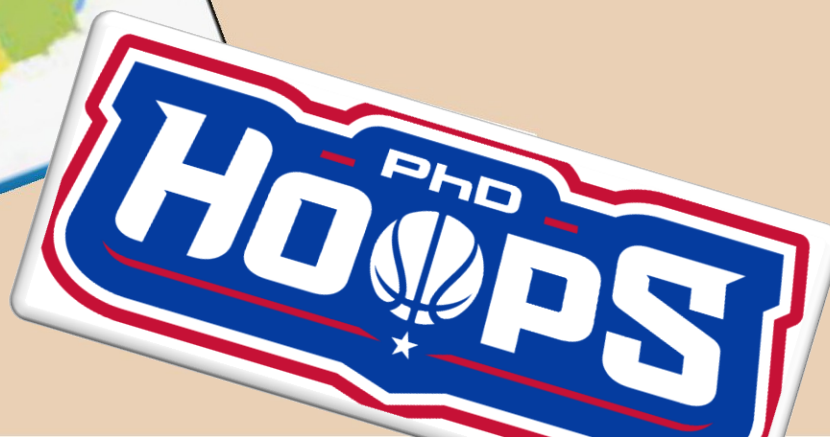
Evening: Welcome Dinner

HOTEL SANDWIRTH

Pernhartgasse 9, 9020
Klagenfurt am
Wörthersee
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HOTEL PLATTENWIRT

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Klagenfurt am
Wörthersee
Tel: +43 463 2173



AUSTRIA INFORMATION

Austria is a landlocked country in Central Europe. It borders both Germany and the Czech Republic to the north, Slovakia and Hungary to the east, Slovenia and Italy to the south, and Switzerland and Liechtenstein to the west. According to international research, Austria is ranked upon the most livable and safest countries in the world. The capital is the city of Vienna on the Danube River.



KLAGENFURT

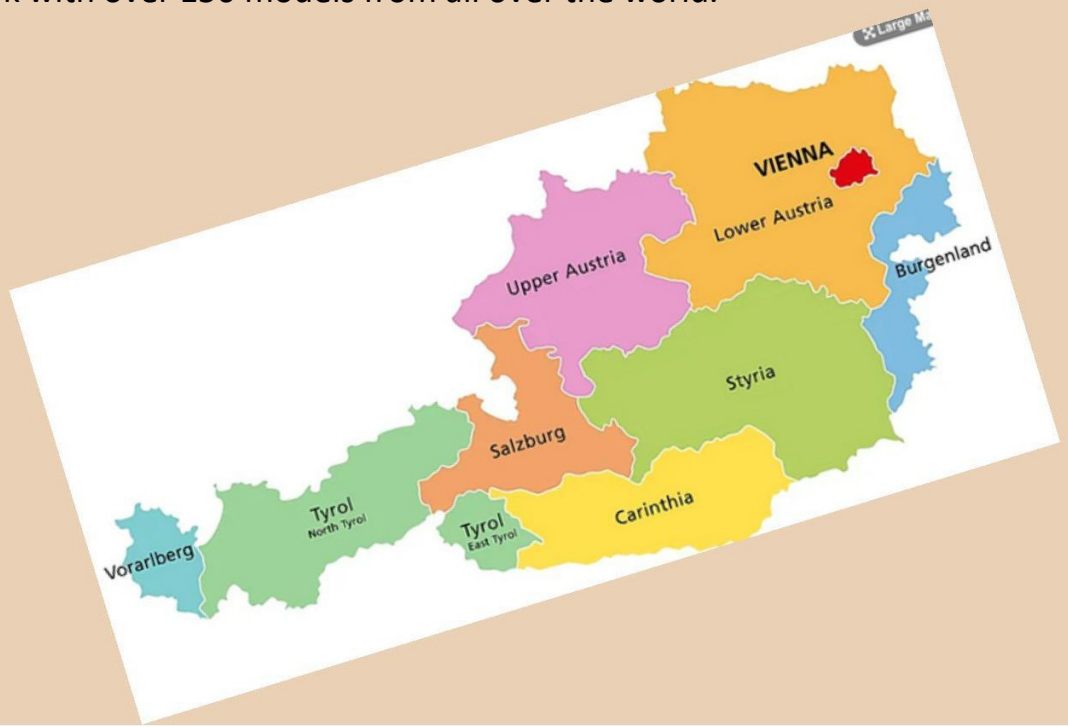
Klagenfurt am Wörthersee is the capital of the federal state of Carinthia in Austria.

City Recommendation for your free time:

- Alter Platz: City center of Klagenfurt with cafes and shops
- Neuer Platz: Lindwurm and Rathaus, UWG Fan Zone.
- City Arkaden: Shopping center
- Strandbad: Swimming at Wörth Lake
- Minimundus: Miniature park with over 150 models from all over the world.

Typical Austrian Food Options:

Bierhaus zum Augustin
Landhauskeller
Gasthaus im Landhaushof



Itinerary

DAY 4-June 22nd

Klagenfurt: UWG, Oktoberfest

Morning: Breakfast

10:00 am: Training session

Afternoon: Lunch and free time activities

Evening: Oktoberfest



Itinerary

DAY 5-June 23rd

Klagenfurt

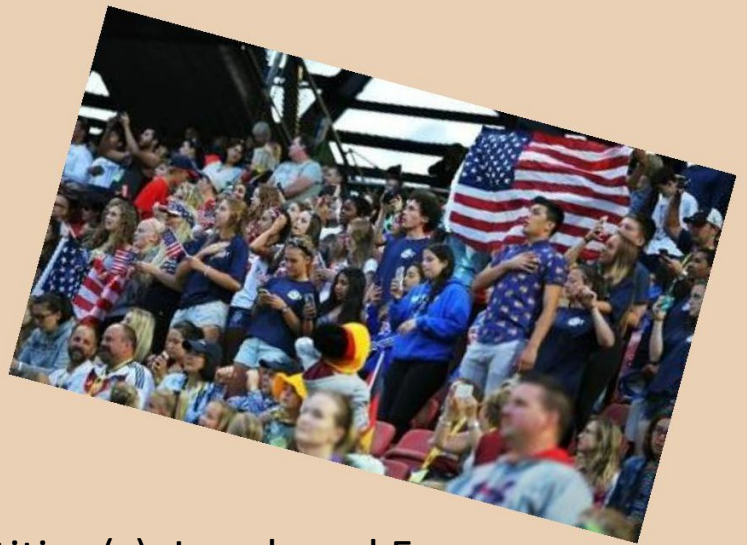
Morning: Breakfast

Morning/Afternoon: Basketball Competition(s), Lunch and Free time (not necessarily in that order. **Red** and **Blue** Team schedules vary)

Evening: Dinner and

OPENING CEREMONY

United World Games



Itinerary

DAY 6-June 24th

Klagenfurt: UWG



Early Morning: Breakfast at your hotel

Mid Morning: Transfer to the UWG and get ready to SHINE!!

Mid Morning and Afternoon: Competition(s) (schedules vary) and Lunch with new friends and (if time permits) cheer on other teams

Early Evening: Dinner with fellow teammates and new friends.

Evening: UWG

PARTY



Hang out, celebrate & eat together with your new friends from all over the world @Players Town

Itinerary

DAY 7-June 25th

Klagenfurt: UWG

Early Morning: Breakfast

Afternoon: Competition, (schedules vary),
Lunch with teammates and new friends and
Awards Ceremony

Late Afternoon: Farewell BBQ



Itinerary

DAY 8-June 26th

Klagenfurt, Salzburg, Munich

Early Morning: Breakfast



Morning: Travel to Salzburg and Visit the Salzburg Salt Mines

Afternoon: Time for Lunch



Late Afternoon: Transfer to Munich

Evening: Dinner at Hofbräuhaus



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Itinerary

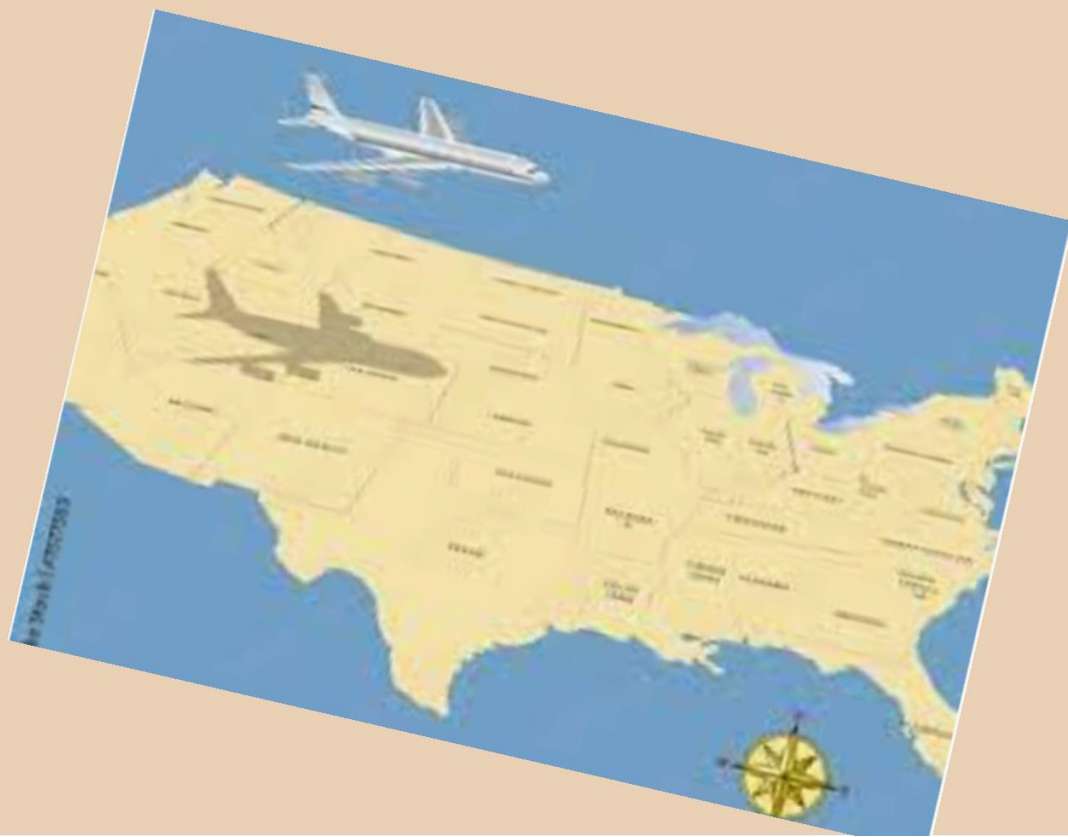
DAY 9-June 27th

Travel Day



DEPARTURES

Travel times will vary



DEPARTURE CHECKLIST

+Passport

+Plane Ticket

+Souvenirs

+Your travel buddies, good memories, and plenty of photos



TIP YOUR TOUR GUIDE AND DRIVER

WE HOPE YOU HAD AN
EXPERIENCE OF A LIFETIME!



UNITED
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