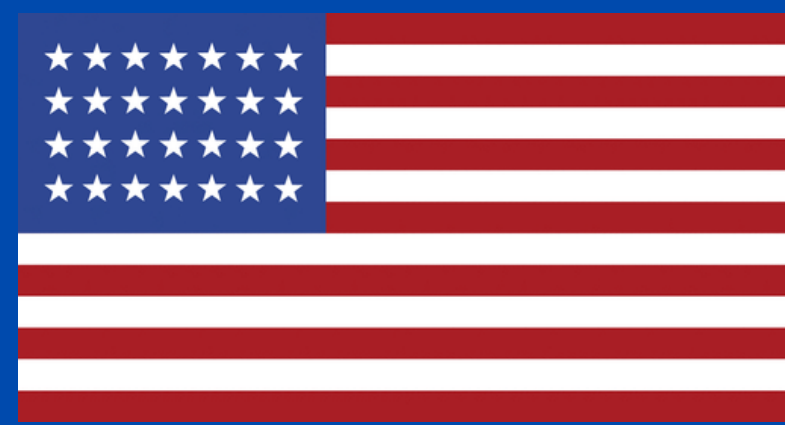


Apply at [www.PhDHoops.com](http://www.PhDHoops.com) or contact us at [travel@phdhoops.com](mailto:travel@phdhoops.com)!



# The Puerto Rico Challenge Tour



**MORE INFO AT  
PHDHOOPS.COM!**



This is a sample itinerary that is subject to changes and will be updated prior to the tour.



## Day 1 - Depart for Puerto Rico

- Arrive at least 5 hours early to meet with your tour teammates and coaches
- Depart as a group from Miami to San Juan (eat a good meal on the flight)
- Arrive in San Juan, meet our tour directors, and transfer to our hotel
- Check in at hotel and rest up for a great trip!



## Day 2 - Explore San Juan & Team Practice

- Eat a full breakfast at the hotel before walking on a guided tour of Old San Juan's historic district
- Visit the UNESCO World Heritage Site of Castillo de San Felipe del Morro
- Enjoy lunch in between shopping and exploration
- Practice session at a nearby indoor gym followed by dinner, free time, bed checks, and lights out



## Day 3 - El Yunque & First Game

- Breakfast at hotel prior to a guided hike through El Yunque National Forest
- Take a refreshing dip in the natural swimming pools underneath a waterfall along the forest trail
- Grab lunch and compete in our 1st game vs. local competition
- Enjoy dinner and some free time before bed checks and lights out





## Day 4 - Beach Time & Second Game

- Breakfast at hotel before free time to enjoy the beautiful beaches of Puerto Rico
- Eat lunch ahead of our 2nd game vs. local competition
- Host a youth basketball clinic to be a part of growing the game of basketball on the island
- Transfer to hotel, eat dinner, enjoy free time, bed checks, and lights out



Image Courtesy of Discover Puerto Rico

## Day 5 - Coffee Hacienda & Third Game

- Breakfast at hotel and then visit a local & fully operating coffee hacienda
- Free time to catch the waves at the beach
- Lunch before competing in our 3rd game vs. local competition
- Eat dinner, bed checks, and lights out



Photo by Zetong Li



Photo by Zixi Zhou



## Day 6 - Catamaran Cruise & Fourth Game

- Breakfast at hotel prior to the Catamaran Cruise, a full-day adventure complete with lunch, music, sunshine, snorkeling, and paddleboarding
- Compete in our 4th (and final) game vs. local competition
- Relish our final dinner together before bed checks and lights out



Image Courtesy of Discover Puerto Rico

## Day 7 - Depart for Home

- Early breakfast, transfer to airport, and depart San Juan to return to Miami
- Arrive in Miami and say your final goodbyes to your new best friends!
- Tag our social media in all photos & videos (@PhDHoops), give us a review, and share your newly gained knowledge with the rest of the world!



**APPLY AT [WWW.PHDHOOPS.COM](http://WWW.PHDHOOPS.COM)**

**OR CONTACT US AT**

**(310) 363-0286 OR**

**[TRAVEL@PHDHOOPS.COM!](mailto:TRAVEL@PHDHOOPS.COM)**

