

PhD Coaching Roundtable	Full Court Press:
June 19, 2020	Section Title
@phdhoops on twitter	<p>Joseph Dix – Collins Hill HS (GA)</p> <ul style="list-style-type: none"> - Mr. Press Off The Bus - Coaching Philosophy <ul style="list-style-type: none"> o Share the ball – Beautiful game <ul style="list-style-type: none"> ▪ San Antonio Beautiful Game on YouTube o Max Effort o Be the Tougher Team o Be the team no one wants to play! o Make other team uncomfortable o Believe in developing players’ skill o Pressure offense, pressure defense – Team! Make them match - 32OC – 32 Minutes Organized Chaos - Why do we do it ? <ul style="list-style-type: none"> o Gives us best chance to win o Provides opportunities for easy scores off turnovers o Allows us to play 10-12 guys o Helps negate our lack of size o Players enjoy style! Our Identity! - Half-Court Defensive Rules <ul style="list-style-type: none"> o Ball Pressure o No Middle Penetration o Contest Every Shot o Good Help o Help the Helper o Draw Charges o Possession Ain’t Over till we rebound o “LIO” – Loud Early Often communication - Charge Wall – Take a picture of every drawn charge and post in locker room - Collins Hill Pressure <ul style="list-style-type: none"> o Teach Press Everyday o If ball moves you move! o Defense create Offense o 94 ft. of pressure, 32 minutes of ORGANIZED CHAIS! o To disrupt opponents – not allowing you to do what practiced o Every second is equal to 25 feet in the press o Don’t allow the ball to be inbounded - Try to steal the ball o “Quick pickups” match up, full denial, make throws over the top o Less than 7 fouls a half o Be aggressive – Jumper must have play maker mentality o Look for back tips and air charges o Once you jump you must commit and stay committed to control dribbler o Give them tough trips up the floor o Safety can’t take plays off

Numbering System

- This is a Gambling Defense, anticipate the next pass
- Don't worry about matchups
- Lob passes are loose balls!
- 45 Series
 - 1st number is the length, 2nd is type of press
 - FC Run & Jump w/ Safety
 - Ball – Guard Inbound
 - Double – Double PG or elite player
- 35 = 3/4 Run & Jump w/ Safety – normally sideline inbounds
- 40 Series – Straight Man to Man – No Safety
 - 10 – 3/4 court – Guard/Steal Sideline inbounds Pass
- 44 – 1-2-1-1 Diamond
 - Positions – Mad Man, 2 Interceptors, Safety and Protector
 - Goal to get reversals and traps with Mad Man
 - Interceptors must read shoulders and anticipate passes
 - Safety and Protector are VERY Vocal & Eyes for everyone

Questions?

Do you have a golden number of shots or possessions that leads to a win?

- 79 Possessions a game average in 2020 – 80 is goal in 2021

What gives you the most trouble?

- Guys that get it out of bounds quick – create problems for our denial

What do you do if they continuously clear out?

- Go Zone Press
- Or Start Cheating Up the floor

How long does it take to install?

- Year one it was okay, year 2 it has become IDENTITY

Full Court Pressing

- Jason Williams – Group Leader

What press do you use after made baskets?

- Jarvis Davenport
 - Assistant for Coach Dix
 - Mostly Man Press
 - Zone Press when they only have one ball handler
- Brian Stamme
 - Mostly FC Man and fall back to man
 - Will go zone press and normally fall back zone

Pressing after a miss?

- Jarvis Davenport
 - Takes two years to get kids comfortable with an entire pressing system making adjustments on the fly
- Adam Wainwright
 - FC Man
 - 1-2-1-1
 - This year with length and athleticism planning to press more
 - Success with length that can fly around and make plays

- A team you don't have to coach to much – Sit back and let them play. Practice sets the tone
- Brian O'Neill - Ireland
 - Youth Coach – 15U can only press in last 2 minutes
 - Need a hard working team

Free Throw or Dead ball situation?

- Chris Spears
 - 1-2-1-1 Double the inbounds with guy guarding inbounds
 - Give up the pass back to the inbounder
 - Talk is critical
- Cyrus Alexander
 - 1-3-1 Half-Court Trap
 - Can only press 40 minutes if you have talent
 - Press for Tempo not stealing
 - Ran “Look a Likes” – so couldn't tell what we were in
 - Match your philosophy to your talent

How much time is spent in practice on the press?

- Darius Dennard
 - 1st Year HC – 15-20
 - With experience and talent
- Brian Stamme
 - 20-30 Minutes – But build principles into other drills
 - 6 Man Weave – 3 on 3 FC
 - 2 colors – 3 each, guy who scores pick up inbounder and his color is on D in Deny FC
 - Good conditioner
- Noah Griffith – AAU
 - Limited Practice Time
 - 1-2-2 into a 2-3
 - Focus on fundamentals
- Jarvis Davenport
 - It's a way of life! So it requires most of our practice time

Main Group

- Arvin Mosley's Group
 - Geoffrey Mallory – Press no matter what the situation and switch up presses. Not after a time out because they were preparing for it.
- Mike Blaine's Group
 - Avery Sims –
 - 3 Pointer – Playing Up in Pressure
 - 2 pointer – Play underneath
 - Miss – Fall Back
- Kyle Cerana's Group
 - Cerana – Nova Press – Mostly Tempo
 - Being in passing lanes
 - Show Villanova Film to teach

- Drop into matchup

Convert – load up to the ball

- Gilbert Sanchez – switch defense after 2 passes
- Sam Stevens' Group
 - Teach man to man first so understand principles
 - Ethical – When do you pull it off? Should it be used in Youth?
- Bob Hutchings
 - UCLA 2-2-1 into Man – The guys in the back have to communicate

Coach Williams Group

Ethical?

- Brian O'Neill
 - In Ireland – no press so kids don't get blown out and discourage kids away from basketball
- Noah Griffith
 - NY Rule – no press up 25

What are the basic principles on the press?

- Chris Spears
 - Communication is key before putting in press
 - Talking about positioning, develop a language
- Brian Stamme
 - Numbering System is important so everyone understands
 - Language is important so everyone understands
- Jarvis Davenport
 - “Get Out” – I'm here you need to rotate
 - “I'm Leaving” – Triggers rotations
 - “Fix It” – Get Below the Ball and ty and “Back Tap”
- Darious Dennard
 - Give them direct things to say!

How do you use break down drills?

- Darious Dennard
 - Front 3 – work rotations to cover the middle
 - Back 2 with a different coach working on positioning & rotating
- Jarvis Davenport
 - Blue and White – Start at Baseline, goal to get the half court then go score and pick up on D, Talk and guard to HC
- Julious Coleman
 - Encourage ball to the corners and push up sideline
 - “Fire” – Trap

Main Group

- Scott Bollwage
 - o Scramble situation – “Protect the Paint”
- Kelsey Long’s Group
 - o Brandon Mullis - “Don’t Break The Plane” – Hands high not violating the cylinder
- Jason Williams’ Group
 - o Brian Stamme – You need a language so everyone know what is happening and what to say.
- Ben Nelson – Principles –
 - o Name it - “Mamba Mentality” – Creates Buy In
 - o Have a press group that you throw in for 2-3 minutes
- Sam Steven’s – “Monster Press” – Create and have a mentality

Overtime

- Explain It -> Break It Down -> Understand It
- Arvin Mosley
 - o 3 on 2, 2 on 1 Defense Drill w/ more defenders so they have success
 - o My voice can’t be the loudest in the gym
 - 2nd Half you won’t hear me
- Cody San Miguel
 - o Clear Concise Communication
 - o “Just because you have all these ingredients doesn’t mean you use all of them in a meal.” What works for this group?