

PhD Coaching Roundtable	Coaching Thoughts
June 26, 2020	Section Title
@phdhoops on twitter	<p><u>John Thompson – North Carolina Wesleyan</u> <u>4 Questions</u></p> <ul style="list-style-type: none"> - John McLendon – 4 Questions <ul style="list-style-type: none"> o Who are you? o What are you? o Why are you here on earth? o Where are you going? o How are you going to get there? - Other Questions <ul style="list-style-type: none"> o Why would/Wouldn't you want to play with yourself o Do you want to get better? o Do you want help getting better? o Why do you play basketball? o Do you love the: <ul style="list-style-type: none"> ▪ The Game? The Process? <p><u>Keys to you season</u></p> <ul style="list-style-type: none"> - What are the keys? <ul style="list-style-type: none"> o Team maturity? o 2 Players development? On/off - What are strengths? - What are areas of improvement? - Statistical information from prior year? - Role Changes <ul style="list-style-type: none"> o Going down the line – after practice, give a role nugget to everyone in front of the team. Be Honest, Try to be positive <p><u>Skill Development – Every drill is a Passing & Footwork Drill</u></p> <ul style="list-style-type: none"> - Passing and catching <ul style="list-style-type: none"> o Catch with 2 eyes and 2 hands - Footwork - Cutting & Getting Open <p><u>Changing Sides of the Floor</u></p> <ul style="list-style-type: none"> - Analyze Every HC 5-5 Possession - 1st side <ul style="list-style-type: none"> o Give up transition o FG% = 38 and below - 2nd, 3rd, 4th Side <ul style="list-style-type: none"> o Get to foul line o More Offensive Rebounds - 50 Point Game <ul style="list-style-type: none"> o 1 point = Advancing Pass o Only got passing points if you score o 4 points for layup/dunk o Offensive rebound points keep counting o Significant fouls are called <p><u>Coaching Thoughts</u></p>

Arvin Mosley's Group

What are your big take aways from Coach Thompson?

- Mike Sotsky – AC Harvard
 - o Assistant roles in practice
- Bobby Kennen – University of North Florida
 - o 5 H's – History, Highlight, Hero, Hard ache, Hope
 - o Hobbies

As you look back how are you assessing yourself?

- Joe Dix – Collins Hill HS
 - o What stuff got in the way of getting where we want to go
 - Need to go!
- Nigel Thomas – AC North Carolina Central
 - o Ask the questions every year because players roles change
 - o Why? Work Ethic?
 - o Ask recruits these questions
- Brian Stamme – Clackamas Community College
 - o Defensive 3pt %
- Jeanbin
 - o Review process of entire season
 - o Less can be more -
- John Thompson – North Carolina Wesleyan
 - o With player evaluation – You can't save everyone
- Cabral Huff – Holy Innocents Episcopal School
 - o Had a Top 50 kid that was not buying in and team was better without him
 - o Watching Film – Spend more time Focused on US
- Mike Sotsky
 - o “If it matter to you it should matter to me and if it matters to me it should matter to you” – Tommy Amaker
 - o Basic Empathy
- Bobby Kenney
 - o Learn from everyone, even your players
- Tarvish Felton – Fresno State
 - o You win with men. Need to have older players at college level

Main Group

- Arvin Mosley's Group
 - o Ask your team the 6 H's –
 - o History, Highlight, Hero, Hard ache, Hope and Hobbies
- Caleb Kimbrough – Hampden-Sydney College
 - o Be intentional – Make sure team knows what is wanted from them
 - o Roles – Evaluate and define, Roles Change
- Vincent Thomas – Osborne HS (GA)
 - o Analytics & Studying Film
 - o Planning – managing time on game days and keeping focus
- Randy Hernandez – St. Andrews University

- Notepad Interview – Each kid carries a notepad to meetings
 - What are goals
 - Film session – write down good and bad
- Tim Sparks – Apprentice School
 - Don't assume assistant coaches know what is expected of them
 - Balance the voices between head and assistants

Coach Arvin Mosley's Group

Do you share assessments with assistants and players?

- Joe Dix
 - Don't forget to watch yourself during the season.
 - 88% of made 3's were off a pass – Going to Highlight
- Cabral Huff
 - Show best player contested shots
 - Ask coaching in the league thoughts about each other
- Nigel Thomas
 - Looked and Synergy stats
 - Focused on screening and compiled clips – Screen Flesh to Flesh
- Bobby Kennen
 - DER – Defensive Efficacy Rating - Defensive Point Per Possession
 - 92% of league champs are top 3
 - Knock Outs – 3 stops in a row – Goal=6 in a game
- John Thompson
 - Chart 3 in a rows on offense – “Triples”
- Tarvish Felton
 - Play situation early, gives confidence
 - Learn
- Mike Sotsky
 - 5 Minute Overtime – Coaches only ref
 - Film review of 5 minute overtime
- Brian Stamme
 - Phoenix 96 – 2 minute drill, start score 96-96 and clock starts once someone hits 100.
 - Let players create the situation and adjust on the fly
 - All fouls are 1&! Even shooting fouls to put pressure on shooter
- Bobby Kennen
 - No scrimmages in last few weeks
 - Keep guys fresh and free of injuries
 - Become sharp on your principles
 - We play 8-9 guys and we want them fresh & healthy
 - Watch film every day and be Critical in film

Ball Reversals important to Thompson, what's important to you?

What are Non-Negotiables?

- Tarvish Felton

- Paint Touches – Goal=40
- Arvin Mosley
 - FACE – Fundamentals, Actions, Concepts, Execution
- Jeanbain
 - 6-8 Stud has to get a touch evert trip because he is our best passer

Main Group

- Mickey Dennis – Wallkill Senior HS
 - Build Trust with your team
 - Caleb Kupa - First Grade Teacher
 - Teaching things that they don't know – don't assume they know
- Sam Stevens – Mesa CC
 - Analytics & Technology are available and can help your team
 - Team building is important during Covid – Talk with team about hot button issues
- Scott Cherry – Hoop City AAU
 - Teach kids how to play, break down concepts from your offense
 - Situations are important to
- Eric Perry's Group
 - Non-Negotiable – RESPECT – grow players as model citizens
- Mike Apple – Sandhills CC - National JuCo Coach
 - Respect – between coaches and players is the most important
 - What do you emphasis in practice? – Get everyone on that page
 - 5v5 in practice allows players to create chemistry and gives opportunities to all kids